

LISTING OF CONTRACTED INSURANCE PLANS – San Diego

*****This list is subject to change at any time; please ensure eligibility and coverage prior to your appointment*****

Medicare and Supplements (secondaries):

Medicare

- Medicare Railroad

AARP Supplemental Plans

AMA

APWU [American Postal Workers Union] Supplemental Plans

Aetna Life Insurance Supplemental Plans

Assured Life Association (Mutual of Omaha Network)

Banker's Life Insurance Supplemental Plans

Banker's Fidelity Life Insurance Company Supplemental Plans

Benelect Supplemental Plans

Blue Cross Supplemental Plans

Blue Shield Supplemental Plans

Blue Cross/Blue Shield Out of State Supplemental Plans

Champ VA

Cigna Supplemental Plans

Coastwise/ICWPPA Supplemental Plans

Colonial Penn Supplemental Plans

Comprehensive Benefits

GEHA [Government Employees Health Association]

Group Health Incorporated [GHI]

Gilsbar Supplemental Plans

Hartford Life Insurance Supplemental Plans

Hartford Life Network Plans:

Health Net M/Care Supplemental Plans

Humana Supplemental Plans

IEHP [Inland Empire Health Plan]

Insurance Trust for Delta Retirees (Hartford Life Network)

Mail Handlers

Mutual of Omaha Supplemental Plans

NorthWest Administrators Supplemental Plans

Operating Engineers

Oxford Life

Samba

San Diego City Schools (Cigna Network)

Stonebridge Life Insurance Supplemental Plan

TransAmerica Supplemental Plan

Tricare for Life Supplemental Plan

United American Supplemental Plan

United Healthcare

- United Healthcare Supplemental Plan

- United Healthcare Empire Plan

USAA Supplemental Plan

WMI Mutual Insurance Company Supplemental Plan

Please be aware if you have a HMO plan that your PCP's (Primary Care Physician) medical group "IPA" will dictate the network you are covered under.

IPA/Medical Groups:

Encinitas, Vista, Temecula and 4S Locations:

SCMC [Scripps Coastal Medical Center] --- Needs auth from Referring Physician

GTC [Greater Tri Cities] Medical Group--- Needs auth from Referring Physician

SCMG Inland North [Sharp Community Medical Group Inland North] --- Needs auth from Referring Physician

SCMG/Arch [Sharp Community Medical Group with Arch Health Partners] --- Needs auth from Referring Physician

SCMG/Graybill [Sharp Community Medical Group with Graybill Medical Group]--- Needs auth from Referring Physician

*** Regarding Sharp Community Medical Groups, Dr. Laurie Frakes is specifically contracted with Sharp Community Medical Group Graybill Medical Group

La Jolla Location:

SCMC [Scripps Coastal Medical Center] --- Needs auth from Referring Physician

SDPMG [San Diego Physicians Medical Group] / [Scripps Physicians Medical Group]--- Needs auth from Referring Physician

La Jolla Urology [Office of Dr. Scott Simon] Location:

– HMO Insurances are not accepted at this location

MediCal and HMOs:

Please be sure the medical group you select with your health plan is a group we are contracted with.

Please see the list of medical groups listed below.

Aetna HMO

Blue Cross HMO

Blue Shield HMO

Cigna HMO

Health Net HMO

- Health Net Cov CA HMO Direct

- Health Net CalMediconnect HMO

Medi-Cal--- Some of these may need authorization!!

Care 1st HMO--- Needs authorization from Referring Physician

- Care 1st Medicare HMO

- Care 1st CalMediconnect

- Care 1st CalMediconnect HMO

Community Health Group HMO

- Community Health Group Medicare HMO (communicare)

- Community Health Group CalMediconnect--- Needs authorization from Referring Physician

IEHP [Inland Empire Health Plan] HMO Direct

Molina HMO--- Needs authorization from Referring Physician

- Molina CalMediconnect

Inland Empire Health Plan (IEHP) HMO

Health Net M'Cal San Diego- only contracted if 2ndary to Medicare

Easy Choice HMO

Humana HMO

- Humana Medicare Advantage HMO

SCAN HMO – Only contracted when paired with SCMC (Scripps Coastal Medical Group)

Sharp Health Plan HMO

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PPOs:

Aetna PPO

- Aetna Medicare PPO
- Aetna POS
- Aetna Global PPO
- Aetna Open Access PPO

Blue Cross PPO

- Blue Cross Basic PPO

Blue Cross Prudent Buyer PPO – Small business/small group plans

Blue Shield PPO

- Blue Shield Southern CA Pipe Trade PPO
- Blue Shield Covered CA PPO
- Blue Shield University of CA
- Blue Shield Federal Plans

Blue Cross/Blue Shield -Out of State Plans *** Get correct prefixes

Bupa International (UHC Network)

Cigna PPO

- Cigna Open Access

Health Comp

- Health Comp Scripps EPO
- Health Comp (Blue Cross) PPO

Health Net PPO

Health Net Covered Ca PPO

Humana PPO

- Humana POS
- Humana Medicare advantage PPO

Laundry and Dry Cleaning Worker's Health and Welfare Fund Commercial Plan (Aetna Network)

LA Fire Fighters (Blue Cross Network)

Mail Handlers (Aetna POS Network)

MultiPlan (PHCS Network)

Private Healthcare Systems/PHCS PPO

Project Access

San Diego City Schools (Cigna Network)

San Diego Electrical Health & Welfare Fund (Blue Cross Network)

Screen Actor's Guild (Blue Cross Network)

St Paul's PACE Program

Teamsters (Blue Cross Network)

Tricare West

- Tricare Standard--- **Does NOT require an auth from Referring Physician**
- Tricare Prime--- **Needs auth from Referring Physician**

United Food and Commercial Worker's Trust Fund (Blue Cross Network)

United Healthcare PPO

- United Healthcare Oxford PPO
- United Healthcare Medicare Advantage PPO

UHC [United Medical Resources] (UHC Network) PPO

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