



ARIZONA REPRODUCTIVE MEDICINE SPECIALISTS

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MALE PATIENT FORM

This form must be completed for each specimen. Specimens will be rejected that are not accompanied by this completed form. **Please, remember to answer all bold questions on the top half of this page.**

Full Name (male): _____ **DOB:** _____ **Last 4 of SS#** _____

Partner's Name: _____ **Partner's DOB:** _____

Last Ejaculation Date: _____ **Physician:** Dr. Moffitt Dr. Nelson _____
 Outside Doctor

Was the sample produced at this clinic? YES / NO If not, where? _____

Method of collection Masturbation Other _____

Collection container ARMS specimen cup Other _____

Illness or medications in the last 3 months: Yes, list below None

Current Sample Time Produced: _____ Date: _____

Was any of the sample lost during collection? NO / FIRST PART / LAST PART

Collection or transportation problems: _____

Do not write below this line

ID verified by _____ Lab received time: _____
 Technician: _____ Preparation Time: _____ Appearance _____
 Use: SA SA+KSM Cryo IVF/ICSI MESA/TESE IUI FSP
 Viscosity: 1 2 3 4 Debris: 1 2 3 4 Agglutination: 0 1 2 3 4

RAW SEMEN

Progressive Motility: 1 2 3 4
1st count 2nd Count Average

PREPARED SEMEN

Progressive Motility: 1 2 3 4

Volume (mL)			
Motile <small>grid count 10 25 100</small>			
Immotile			
Concentration (million/mL) <small>(motile&immotile)</small>			
% Motile			
Total Concentration (million)	<small>Concentration*volume</small>		
Total Motile Sperm (million)	<small>Concentration*motility*volume</small>		
Round Cells (million/mL)			
Normal Morphology (%)			

Comments:

Rec'd by _____ Time _____



Guidelines for Semen Collection

*ARMS does not maintain adult magazines in the office. Please plan on bringing your own if this is needed

1. You should collect after **2 but no more than 5 days of sexual abstinence** using a cup provided by ARMS. Periods of abstinence longer than 5 days may invalidate your semen analysis. We encourage wives to assist their husbands. If you have difficulty in collecting, call the Andrology Laboratory (602 343-2767).
2. If this specimen is for an insemination, wash hands and the penis with soap and rinse thoroughly to remove any soap residue. Soap is toxic to sperm. Cleanliness is also important if we are testing the semen for bacteria.
3. Collect sample by masturbation. Do not use condoms, as most condoms are toxic to sperm. It is also impossible to obtain a sterile sample if a condom is used. Lubricants can be used sparingly, but they should be nontoxic ones (ask the lab).
4. Label the container with your name and the last four numbers of your social security number.
5. Remove the lid of the container before masturbation and keep the inside of the container sterile. Do not touch the inside of the container with hands or the penis.
6. Collect as much of the sample as possible without letting the semen drip off of the head of the penis. Most of the sperm are usually in the first spurt.
7. Replace the cap on the container. In addition, an information sheet containing the time collected, days of sexual abstinence and the partner's name must be filled out. **Be sure to notify us of any problems in collection, any medications, or illness within the last 3 months (on the form).**
8. Place the specimen in the sample hatch located in the bathroom. (If you are collecting at home, keep the specimen at room temperature, out of the sun and get it to the laboratory within 45 minutes.)

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