

OUTLINE OF IVF TEACHING VISITS

Review protocol cycle events (ie. luteal lupron, flare or stop lupron)

Go over teaching outline

Answer questions as we go regarding scheduling:(ie. intercourse scheduling, how to reach them, how to work around their work/travel schedule, when events will approx. occur, what days they miss work)

Answer questions regarding the medical/science: (ie. how the egg retrieval is done, anesthesia, how fertilization takes place, ICSI, assisted hatching, how transfer will go)

- Preliminary work up
- Cycle initiation: OCP and Lupron: reasons for each
- Gonadotropins: types, reasons for use
- Monitoring: reasons etc
- HCG: what, reasons
- Egg retrieval process
- IVF lab process
- ICSI
- Assisted Hatching
- Blast culture
- Embryo freezing
- Embryo Transfer
- Progesterone support: types, why
- Risks/complications
- Transfer policy
- How to understand success rates

The above will take varying amts. of time dependent upon the couple's basic knowledge regarding anatomy, whether they have previous experience with IVF (especially from another program), surgery, medications, etc.

Discuss medications

names

where to purchase, costs (give IVP handout, our letter regarding IVP)

effects & side effects

how they mix

how to administer

who will administer

Sign consents

ART/Selective Reduction

discuss OHSS

discuss multiple pregnancy rates

discuss selective reduction

who does them

why they are done

If they have questions

when they are done

if their choice affects number of embryos transferred and why

Cryopreservation

answer any questions regarding storage and maintenance of their embryos

answer questions regarding allocation or disposal of embryos

Steroid Consent

why medication used

when taken

If they have questions

why taken

Trial injection

SQ and IM

Tour of facility

procedure room

embryology lab

recovery room